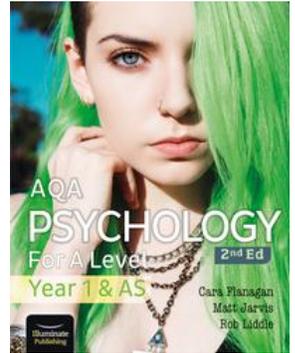




# Welcome to A-Level Psychology

## What can you read?

- AQA Psychology Specification (7182) [Psychology AS and A-level 7181, 7182 Specification](#)
- Illuminate AQA Psychology for Year 1 & AS students by Cara Flanagan, Matt Jarvis and Rob Liddle (Green Haired Book)



## What can you watch/listen to?

Below are links to playlists of videos which summarise some of the topics you will be covering when you join us at Burnley College which you could watch to get you started.

- **Introduction to Psychology** - [Intro to Psychology: Crash Course Psychology #1 - YouTube](#)
- **Research Methods** - [Research Methods - Psychology Alevel \(AQA\) Paper 2 - YouTube](#)
- **Approaches** - [Approaches - AQA Psychology in 20 MINS!](#)
- **Films and TV series:** Atypical, Good Will Hunting, A Beautiful Mind, Rain man, The Experiment, Derren Brown: the push, Derren Brown :Sacrifice, Shutter Island, 5 steps to Tyranny, The Brain: A secret history and the following titles on Netflix: 100 humans, The mind explained, Inside of the criminal mind, The creative brain, Babies, Mindhunter.
- **Podcasts:** PsychCrunch, Popcorn Psychology, Speaking of Psychology and Hidden Brain



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**What topics will I cover in my first year?** (We will be starting with Research Methods and Approaches)

<b>First Year Topics</b>	<b>Description</b>
<b>Research Methods</b>	Learning about the different research techniques, scientific processes, data handling and the strengths and limitations of each technique
<b>Approaches</b>	You will learn about the core topics in psychology - Behaviourist, Cognitive, Social learning Theory, Humanistic and Biological approach
<b>Biopsychology</b>	Discusses the physiological explanations human behaviour
<b>Attachment</b>	Explores the emotional bonds between individuals, primarily focusing on the relationship between infants and their caregivers
<b>Social Influence</b>	Examines how individuals' thoughts, feelings, and behaviours are shaped by the presence and actions of others, focusing on key concepts like conformity, obedience, and minority influence.
<b>Memory</b>	Covers various aspects of memory, including key models, types of memory, and factors affecting memory accuracy.
<b>Issue and Debates</b>	Focuses on key issues and debates in Psychology including gender bias and nature vs nurture



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## Tasks you can complete to prepare you for studying psychology

### Task 1

Research what psychology is and create a mind map. You could include common research areas in psychology such as cognitive neuroscience.

### Task 2

Watch this video on the behaviourist approach and create a fact file. You could include key features of the approach, what research has been carried out (Skinner's rats and Pavlov's dogs) and explain what classical and operant conditioning is

[The behaviourist approach - Approaches \[A-Level Psychology\] - YouTube](#)

### Task 3

Research the below key terms from research methods and create a glossary.

1. Experimental method
2. Independent variable
3. Dependent variable
4. Lab experiment
5. Field experiment
6. Observation
7. Hypothesis
8. Reliability
9. Validity
10. Ecological Validity