

FITNESS  
EVOLUTION  
elite | performance | leisure



Sixth Form Centre



# The Burnley Football Club Professional Women's Academy

With Fitness Evolution at Burnley College

# *Achieve YOUR goals*



***THE BEST*** place to achieve  
your goals as a Professional  
Football Player is at Burnley  
College and Burnley  
Football Club.

## Burnley FC Professional Womens Pathway



- ✓ Nutrition
- ✓ Wellbeing
- ✓ Strength & Conditioning
- ✓ Coaching
- ✓ Education





Sixth Form Centre



**BCFC 1st Team**



# Cutting edge, **PROFESSIONAL** grade facilities



HIGH  
PERFORMANCE  
GYM

## **ACHIEVE YOUR GOALS**

Our unique and unrivalled Women's Professional Football Pathway gives you the opportunity to work directly with the Burnley FC Women's first team and could even end up in the squad – an offer unmatched by any college in Lancashire.



MECCOTEC  
cryo:one+





Sixth Form Centre



### Strength and Conditioning Gym

Industry leading equipment like Velocity Based Training , Optojump and Pasco Force Plates – with expert instruction from our professional coaches.



### Cryotherapy Suite

The Cryo:one+ Chamber delivers whole-body cold therapy, excellent for recovery.



### Environment Chamber

Replicate climates from around the world with detailed control over temperature, humidity and altitude-based oxygen levels. Perfect for improving performance.



### Sauna and Spa

Enter a world of tranquillity, unwind, relax and recover. Training for mind, body and soul.



### Dance Studio

A professional level space for rehearsal equipped with the latest equipment to ensure you can prepare to succeed.



### Therapy Suites

From sports massages to the latest pampering treatments you can keep your body looking and feeling great.



# **YOUR** pathway to play with the professionals

Burnley  
College

Sixth Form Centre



## You will:

- Train a minimum of 4 times per week
- Work with official women's first-team Burnley FC elite - UEFA standard coaches
- Have the opportunity to play at Burnley FC's training ground
- Work with the Nationally Award-Winning team at Fitness Evolution
- A personalised nutritional plan designed by experts to fuel your ambitions
- Have access to a cutting-edge Strength and Conditioning Gym and industry leading instructors
- Be trained in health and wellbeing techniques to ensure you work to your maximum capacity, physically and mentally
- Study for you A Levels, Vocational Course or T Levels at the Number One College in England for Student Results

And with the right abilities and attitude, you could be playing for Burnley FC's Women's First Team.





We are TASS (Talented Athlete Scholarship Scheme) accredited which means you will be given the tools and time to enhance your athletic skills and your academic skills hand in hand, ensuring you are an excellent student as well as sportsperson.

***YOU HAVE THE TALENT***



# BE FOCUSSED TO SUCCEED





**Top of the league**



# the Number One College in England\*

- A Levels in more than 40 exciting subject areas from English to Electronics, Media Studies to Mathematics
- Vocational Courses – In 17 varied industries from Engineering to Business, Esports to Travel and Tourism
- T Levels – Pioneering new qualifications which balance classroom study with real-life practical work experience in subjects like Health and Science, Education and Engineering.

## Record Breaking Results

**30%** of students achieved at least one A\* – A grade

**60%** of students achieved at least one A\* – B grade

**85%** of students achieved at least one A\* – C grade

**100%** Advanced Vocational pass rate for the 18th consecutive year

**Learn more:**  
[www.burnley.ac.uk/sixth-form-home](http://www.burnley.ac.uk/sixth-form-home)

\*For all 16-18 qualification levels as shown in the latest government achievement rate tables.

# Making history in the heart of **LANCASHIRE** football

**Burnley FC Women's team was founded in 1995 under the name 'Burnley FC Girls and Ladies'. The team initially played in local and regional competitions before joining the Northern Division of the Women's Premier League in 2006. Burnley FC Women have had several successful seasons, winning the Northern Division title in 2007 and reaching the fourth round of the FA Cup in 2010.**

The team has strong ties with Burnley College, who provide players with opportunities to develop their skills and education. Burnley FC Women and Burnley College take a leading role in offering young female players access to quality education and football development.

Burnley FC Women's team, together with Burnley College play an important role in the town, promoting women's football and inspiring the next generation of female athletes. The team regularly engages with the community, with players volunteering at local schools and participating in community events. The team's significance in Burnley has been recognised by the council, who awarded the team the Freedom of the Borough in 2021.



Burnley  
College

Sixth Form Centre







Sixth Form Centre



**BURNLEY COLLEGE**  
*Proud Partners  
of the Claret's*

**LET'S KICK YOUR CAREER OFF...**

## **HOW TO APPLY**

We would love to talk to you today to find out how you can become a shining star in the BFC Professional Women's Academy.

### **Email**

**[aalderson@burnley.ac.uk](mailto:aalderson@burnley.ac.uk)**

### **Phone**

**01282 733180**

### **Call in**

**COMPETE AT THE  
HIGHEST LEVELS  
IN FOOTBALL**



Sixth Form Centre

# Burnley FC & Burnley College

## *A WINNING TEAM*

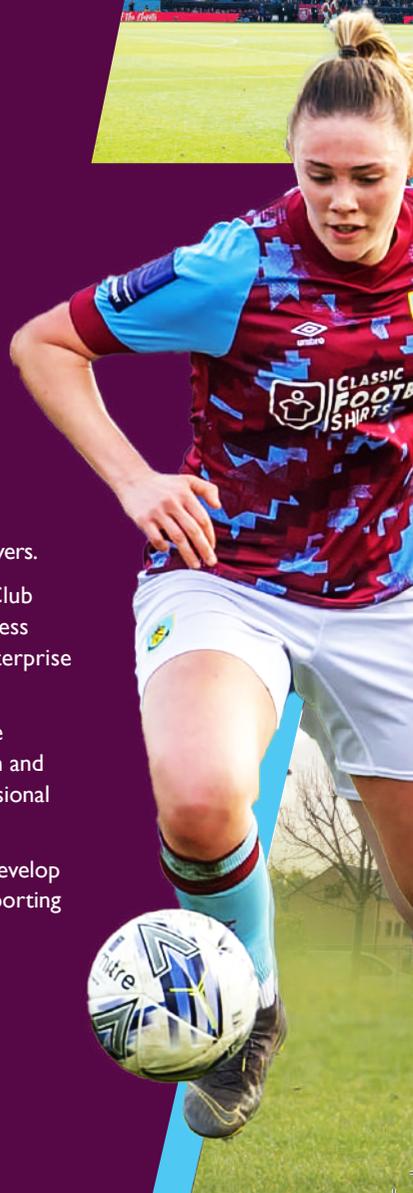
**Two titans of East Lancashire, Burnley College and Burnley Football Club have a powerful partnership that dates back more than 13 years.**

Burnley College became the official education provider for the BFC's Youth Academy. Since then, the partnership has expanded to include exciting new initiatives which enrich the lives of both Students and players.

The partnership between Burnley College and Burnley Football Club has been recognised for its pioneering approach to sport and fitness education by the English Football League Trust, the Lancashire Enterprise Partnership, and Ofsted.

Burnley Football Club and Burnley College Sixth Form Centre have combined their decades of experience in topflight football, strength and conditioning training and academic excellence to create the Professional Women's Academy.

The introduction of the BFC Professional Women's Academy will develop and enhance opportunities for young people to achieve their full sporting and academic potential.







# ALL YOU NEED IS THE SUPPORT!

## As a member of the Burnley Football Club Women's Academy you will get:

- Professional training 4 x a week with BFC
- Opportunities to work with the BFC first team
- Invites to training days at BFC
- Away days at Turf Moor
- Q&As with leading Clarets figures
- Official kits, both full kit and training kit
- Membership of the Burnley College exclusive Elite Athlete Programme
- Fitness and performance testing
- Financial assistance with food and nutrition\*
- Sports psychology session to develop your winning mindset
- Personal mentoring by professional athletes and trainers
- Assistance with securing sponsorship
- Free access to Fitness Evolution's cutting-edge facilities
- Access to the specialist Strength and Conditioning gym
- Cryotherapy recovery sessions
- Access to the Fitness Evolution Spa facilities

**FITNESS  
EVOLUTION**  
elite | performance | leisure



Sixth Form Centre



## And more

\*Depending on personal circumstances



[burnleycollege](http://burnleycollege.com)