

Welcome to A Level Dance



What are some of the topics and skills that you will cover:

Topics	Breakdown
Rambert Dance Company	<ul style="list-style-type: none">- The key features of the company- The choreographic approach- Practitioners who have worked with the company- At least 6 professional works by the company- The importance of each practitioner in the development of the company and modern dance
Independent Contemporary Dance Scene in Britain	<ul style="list-style-type: none">- The key features of the scene- The choreographic approach- Practitioners who have worked within the scene- At least 6 professional works by those practitioners- The importance of each practitioner in the development of the scene and contemporary dance
Anatomy and Physiology	<ul style="list-style-type: none">- Warm up and cool down- Safe dance practice- Skeleton / Muscles- Core Stability- The spine- Strength- Stamina- Flexibility- Diet and nutrition- Development of technical skills
Dance Technique and Performance	<ul style="list-style-type: none">- Graham technique- Cunningham technique- Release technique- Development of performance skills
Choreography	<ul style="list-style-type: none">- Actions / Space / Dynamics / Relationships- Motif / Motif Development- Choreographic climax- Structure and form- Relationships to music- Group choreography

Background knowledge:

History of Rambert Dance Company

<https://www.rambert.org.uk/about-us/our-history/>

<http://www.rambert.org.uk/wp-content/uploads/2016/11/Rambert-1966-2002-A-level-study-pack.pdf>

Choreographers:

Christopher Bruce: <https://www.rambert.org.uk/performance-database/people/christopher-bruce/>

Matthew Bourne: <https://new-adventures.net/take-part/schools>

Akram Khan: <https://www.theguardian.com/stage/2009/sep/22/dance-guide-akram-khan>

Sidi Larbi Cherkaoui: <https://www.theguardian.com/stage/2009/dec/17/sidi-larbi-cherkaoui-dance>

What you can watch:

Below are some of the dance works that you will analyse during your studies, watch them to get a head start on your course:

Robert North's 'Lonely Town Lonely Street:

https://www.youtube.com/watch?v=8_GZf7iBzSE&list=PLVzCVY08OKOI1abijyA32sosIDMibj1e2&index=5&t=0s

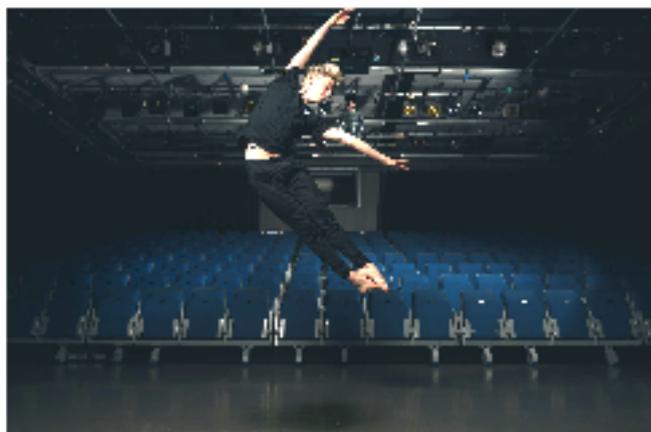
Christopher Bruce's 'Rooster':

<https://www.youtube.com/watch?v=0bTW8tPL6qY&list=PL4F3B261E734B7D91>

Matthew Bourne's 'Nutcracker!' <https://www.youtube.com/watch?v=1jleSq2FFhs&t=3915s>

Akram Khan's 'zero degrees' <https://vimeo.com/22694686>

Sidi Larbi Cherkaoui's 'Sutra' <https://www.youtube.com/watch?v=JNHMrSh4XB4>



Tasks that you can do to prepare you:

<u>Task</u>	<u>Link to the course/specification</u>
<p>Task 1.</p> <p>Read through the information on Rambert Dance Company. Create a revision timeline on the development of the company.</p>	<p>General Content</p> <p>Rambert Dance Company is the compulsory area of study for the written examination. You will answer short marker questions and an essay based on the development of the company and the practitioners who have worked with them.</p> <p>We will be developing this knowledge further in September where we will apply it to the choreographic works you study.</p>
<p>Task 2.</p> <p>Read through the information on each choreographer you will study on the course. Create a fact card which details the following;</p> <ul style="list-style-type: none">• Their background and training• Influences on their work• The style of their movement / choreography	<p>Coursework</p> <p>This task will give you a head start on the written component of the course as you will need to apply this information when discussing the choreographic works.</p>
<p>Task 3.</p> <p>Watch the full works / extracts linked above. Create a mind map for each work describing the following in your own words;</p> <p>Movement; actions, space, dynamics used Music; style of music, any links between the movement and the music, what atmosphere it creates Physical setting; the use of set design, props or costumes in the piece Dancers; how many, gender, body type, what particular skills do they have, what style of dance are they doing?</p>	<p>Coursework</p> <p>This will help you a head start with the written component of the course as you will need to be able to analyse the choreographic works and how they communicate the themes/topics of the dance. Try to include as much detail as you can.</p> <p>If you have any questions just get in touch using the contact information at the bottom of this resource.</p>

- Contact information

If you have questions regarding this or any other A Level course at Burnley College, please contact alevels@burnley.ac.uk or call 01282733373

We look forward to seeing you in September.